

WREKIN ORIENTEERS' CHOC 'O' 2016

Here is the 2016 'Norwegian O' style course on the Long Mynd otherwise known as Choc O.

Page 1 has information for a **LONGer** course. **Page 2** has information about a **SHORTer** course. An up-to-date version of OS Explorer Map 217 (The Long Mynd & Wenlock Edge) at 1:25,000 scale is required to show necessary detail and to ensure correct interpretation of open access land. It's also critical that you know how to use a grid reference; 8 figure references are provided (i.e. identifying the 10m x 10m square) but those relying on a paper map might prefer to convert them to 6 figures.

ESSENTIAL: Print off this instruction sheet and take it with you along with a pen or pencil to note down each grid reference (or to leave a note for your nearest and dearest). At each Control you should find a small stake in the ground (if not buried by snow) which gives the grid reference of the next Control. The longer course and the shorter course each share **Control 3** so take care to note the correct Grid Reference for the fourth control of your chosen course.

All controls are on open access land. If/when you leave open access land it is important that you navigate carefully and use public rights of way.

Make sure someone responsible knows what you are doing – someone you can contact for assistance in the event of difficulty or emergency. Be prepared for poor weather and or poor visibility on exposed high ground. This is not a supervised event – it is up to you to look after yourself/selves. You need to know your competence and exercise judgement accordingly.

The course will be open on a 'turn up when you want to' basis and the controls will be in place (vandalism permitting) from 9:00 am on Friday 23rd December to 4:00 pm Tuesday 3rd January.

LONG COURSE = 16.5+ km		Grid Reference:
PARK/START	In Gogbatch	SO 4590 9720
Control 1	Hill top	SO 4584 9672
Control 2	Southern re-entrant, lower part/fence	
Control 3	Fence corner	
Control 4	Small pond	
Control 5	Tumulus	
Control 6	Re-entrant, uppermost part	
Control 7	Rock, N side base	
Control 8	Earthbank corner (tiny crag 3m SW)	
FINISH: you have completed the challenge at Control 8 so sign the book and navigate to your transport (1.5 km).		

FOR THE SHORT COURSE SEE NEXT PAGE

GOOD LUCK!

Planner: Charlie Leventon (E: charles.leventon@btinternet.com)

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SHORT COURSE: c. 12 km		Grid Reference:
PARK/START	In Gogbatch	SO 4590 9720
Control 1	Hill top	SO 4584 9672
Control 2	Southern re-entrant, lower part/fence	
Control 3	Fence corner	
Control 4	Re-entrant, uppermost part	
Control 5	Rock, N side base	
Control 6	Earthbank corner (tiny crag 3m SW)	
FINISH: you have completed the challenge at Control 6 so sign the book and navigate to your transport (1.5 km).		

FOR THE LONG COURSE SEE PREVIOUS PAGE

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