

Wrekin Summer Series 2016

Wrekin Summer series will run weekly on a Tuesday evening from 3rd May until 23rd August. No event on 26th July as this is "Croeso" week.

Beginners and newcomers are Welcome, please come along and have a go.

Registration: open from 6.30pm until 7.15pm. Courses close 8.15pm

Entry Fees: Wrekin Members: Adults £2. Juniors £1.

Non Members: Adults £3. Juniors £2.

Courses: Short: 1.5-2km. Yellow Standard and suitable for beginners.

Medium: 3.5km-4.0km.

Long: 5.0-6.0km.

Whistles must be carried. Full leg cover is compulsory, at all except the urban events. Competitors take part at their own risk and are responsible for their own safety. First Aid cover will be provided. Please remember to download and register back in before leaving the venue, otherwise you will be deemed as missing and a search for you will commence.

At Urban events juniors under 16 years are not permitted on courses that cross roads, unless accompanied by an adult.

Please check the Wrekin website before travelling to an event in case of venue changes.

Dates and Locations

3rd May: Nesscliffe Country Park. From Nesscliffe village take the road opposite Old Three Pigeons Inn, signed Hopton, follow this road up, take the first right turn, then first left into the car park. Postcode: SY4 1DG. GR: SJ 38935 19861.

10th May: Lilleshall National Sports Centre. Signed off the A41 and A518 "National Sports and Conferencing Centre" follow these signs. Main entrance is just south of Chetwynd Aston. Postcode: TF10 9LQ. GR: SJ 75604 17143. The bar will be open after your run for a drink and get together.

17th May: Twemlows Wood. Off the A41 approx. 4miles South of Whitchurch. Turn opposite Pine Lodge Tyre Services. Postcode: SY13 2JA. GR: SJ 56892 35910.

24th May. Brown Moss. Located 2 miles south of Whitchurch, Follow the brown tourist signs off the A41/49. Approaching from the south you will have to U turn at the roundabout at the northern end of the dual carriageway. Turning left opposite the Car Auction. Postcode: SY13 4BX. GR: SJ 56299 39514.

31st May: Bridgnorth Urban Use Town Car Parks and meeting near to the Scout hut in Love Lane, next to the Rope Walk Dingle. Postcode WV16 4HD. GR: SO 71721 93518.

7nd June: Stanmore Country Park. Stanmore Country Park is located off the A454, just outside of Bridgnorth. Postcode WV15 5HN. Grid Ref SO 74097 92806.

14th June: Severn Valley Country Park. The County Park is signed from the A442 at Alverley Village, south of Bridgnorth. Postcode: WV15 6NG GR: SO 75384 83939.

21st June: Telford Town Park. Parking in the large central car park close to the Rugby Club/Wonderland. Off Hinkshay Road/Dark Lane, Dawley. Postcode: TF4 3NZ. GR: SJ69895 07885

28th June: Wrockwardine Wood. Oakengates, Telford. Parking at the top end of Willows Road, close to The Nabb. Postcode: TF2 9BU. GR: SJ 69962 11271

5th July: Shrewsbury Urban. Parking at St Julian's Friar car park. A5191, pass into town over the English Bridge, keep left, take first left. Postcode: SY1 1TP. GR: SJ 49367 12180

12th July: Lyth Hill. Meeting at the top car park. Take the Longden Road out of Shrewsbury. After Hook a Gate village take the next left turn and follow this road up to the top. Postcode: SY3 0BT. GR: SJ 47201 06850.

19st July: Attingham Park. Attingham Park is located off the B4380. Approx. 4 miles East of Shrewsbury. Follow Brown tourist signs. Postcode: SY4 4TP. GR: SJ 54703 10020

2nd August: Ludlow Urban Meeting in Castle Square car park, off Castle Street in the centre of Ludlow. Postcode: SY8 1EF. GR: SO 51016 74695

9th August: Cardingmill Valley. Follow the Brown Tourist signs for Cardingmill Valley from the A49 close to Church Stretton. Postcode: SY6 6JG. GR: SO 44391 94487

16th August: Plush Hill. Travelling South from Shrewsbury on the A49. Take the B5477 towards All Stretton. Turn right into Castle Hill as you approach All Stretton. A red phone box is on the corner of this junction. Follow this narrow lane up the hill. Parking is along the roadside. Nearest Postcode: SY6 6LL. GR: SO 45150 96310.

23rd August: Pole Cottage. Turn into Church Stretton on the B4371, from the traffic on the A49. At the T junction (crossroads) continue ahead into Burway Road. Taking care on this single track road, continue up onto the Longmynd. Follow ahead. Parking is on the right next to Pole Cottage. Postcode: SY9 5EL. GR: SO 41291 93745.