



Invite you to
Whitchurch Urban, WMOA Urban League
At
Jubilee Park, Whitchurch
On
Saturday 8th September 2018

Venue: Whitchurch Jubilee Park (approx. postcode for Sat Nav: SY13 1BF - this will bring you very close to the park). GR: SJ539415. Registration is taking place next to the Bandstand in the park.

Car Parking: Various car parks available around Whitchurch Town centre.

Map: Scale 1:5000, contour interval 2.5m. Senior courses A3, Junior courses A4. Waterproof paper. Updated 2018 by Rod Postlethwaite.

Terrain: Urban town centre with parkland areas and urban housing estates. The market town of Whitchurch was originally a settlement founded by the Romans. Today there are over 100 listed buildings, and many independent shops. Famous for being the home of J B Joyce the clockmakers and Belton Cheese.

Courses: Urban Courses:

- 1:** M18-35 (27 controls, 7.5km, 90m climb)
- 2:** M40+, W18-35 (27 controls, 6.7km, 90m climb)
- 3:** M55+, W40+ (21 controls, 5.2km, 50m climb)
- 4:** M65+, W55+ (19 controls, 4.2km, 50m climb)
- 5:** W65+ (16 controls, 3.5km, 45m climb)
- 6:** M16-, W16- (14 controls, 2.3km, 40m climb)
- 7:** M12-, W12- (12 controls, 1.4km, 25m climb)

Entries: Seniors £8. Juniors £3. Non BOF members £10

Registration: 10am-12pm. Starts: 10:30am till 12:30pm. Courses close at 14:30pm.

Facilities: Various food outlets available within the town. Public toilets available in the park (20p charge), other toilets are available within the town.

Sportident: The event will be using mixed punching allowing the use of SIAC's for contactless punching as well as the traditional 'dibbing' punching. Dibbers available to hire £1. Lost dibbers will be charged at £40.

Safety: In case of bad weather cagoules may be compulsory. Competitors take part at their own risk and are responsible for their own safety. Please remember to download after your run, or you will be deemed as missing and a search will take place for you. Shorts permitted. Care to be taken at all road crossings. Roadworks are along the town's High Street, competitors must take care when running through this area. Please respect other area users. Geese may be next to one of the pond and lake areas, please avoid running near them.

Dogs: Not permitted on courses.

Organiser: Helen Corrin (WRE) (enquires to Adrian Griffiths 07533 203313)

Planner: Steve Parker (WRE)

Controller: Andy Yeates (WCH)