

Long

[Splits](#)

5.6km

Pos	Name	Club	Age Class	Time
1st	Andy Davies	MERCIA	M45	58:35
2nd	Adrian Griffiths	WRE	M45	58:46
3rd	Paul Hill	WRE	M45	62:06
4th	Clifford Webb	WRE	M50	73:47
m13-18	Tom Lewis	WRE	M21	60:39
m12-18	D Prescott	BRIDGNORTH RC	M45	65:37
m12-18	A Prescott	BRIDGNORTH RC	W40	65:47
m18	Bradley Gurney	MERCIA	M35	71:36

Medium

[Splits](#)

3.6km

Pos	Name	Club	Age Class	Time
1st	Tom Wood	ERYRI	M14	51:03
2nd	Jim Wood	ERYRI	M50	52:28
3rd	M & R Varley		M7	80:34
m12-15	Jacob, Luke, Nathan		M11	82:14

Short

[Splits](#)

2.1km

Pos	Name	Club	Age Class	Time
1st	Julia Allinson	WRE	W35	24:43
2nd	Richard Lewis	WRE	M60	28:15

3rd	Patrick Pay	WRE	M75	34:59
4th	Philip Wood	ERYRI	M12	58:17