

## Harlequins Orienteering Club Level C and West Midland League Event

at

## **Dudmaston**

(near Bridgnorth) On

## Sunday 19<sup>th</sup> October 2014 FINAL DETAILS



Orienteering in Worcester, Hereford, South Shropshire, Black Country and Birmingham.

Venue & Travel

From the north: The event will be signed 3.5km south of Bridgnorth on the A442 at

SO740899.

From the south: The event will be signed 1.7km north of the entrance to the

National Trust property (post code WV15 6QN) on the A442 at SO740899.

Parking is 500m down the track turning east leading to Heath Farm - please take

heed of Runners Crossing signs and obey instructions from marshals.

Parking: Parking is adjacent to Assembly. Fee £1 per Car

**Terrain:** Largely runnable forest over two valleys with a plateau between. Plenty of paths.

Map: 1:10,000 scale, A4 size, resurveyed 2013.

Courses: White, Yellow, Orange, Light Green, Short Green, Green, Blue, Brown

No string course.

Please read safety notes below.

Control Descriptions:

Control descriptions will be on the maps except for the Blue and Brown courses. Please will these competitors make sure they take loose control descriptions from

Registration. The Start team will have a few spares for those who forget.

Entries: Entries on the Day (EOD) only. Registration 10.00 to 12 noon

Starts: 10:30 to 12:30. The Start is 600m from Assembly. Please read safety notes below.

Punching: Electronic Punching using SportIdent. SI-Cards may be hired for £1.00

Fees: Seniors £6.00 (+ £2 for senior non-BOF members)

Juniors and students £3.00.

Dogs: Dogs on a lead please

Facilities: Toilets. Ultrasport and O-Nosh will be attendance

Safety notes The access road leading to the car park will be crossed both by competitors going to

the start and by runners on the Blue and Brown courses (twice).

Competitors going to the start: Once you have crossed the road via the marshal, you will share a short section of path (approx. 20m) with runners going in the opposite direction. This will be part of a timed crossing for them but please give way to them.

Blue and Brown courses: You will cross the access road twice. The first crossing is unmanned. The second crossing is a timed crossing as it is also used by competitors going to the Start. You will be allowed 2 minutes for this leg. Please be careful of pedestrians. This crossing point will be marshalled while the Start remains open. Once the Start closes, the timed crossing will remain in operation in the interests of a fair competition, but it will be unmanned.

**Light Green, Green, Blue and Brown courses**: There are lots of new mountain bike tracks in the north of the area. Several have been mapped but not necessarily all of them. Runners should be aware that there may be cyclists in the area using the bike tracks.

Blue course: There is a well at the south end of path between western and middle lake which will be taped with Black & Yellow tape. The adjacent area of marsh is best avoided so you are advised not to cut off this corner.

The A442 to the south west of the area is out of bounds.

Some of the ruined fences have single low strands of plain (not barbed) wire which might catch the unwary.

Whistles are compulsory at all West Midland events.

This is a public area so please show consideration for other visitors, particularly dog walkers.

First Aid cover will be provided by Club volunteers.

Competitors run at their own risk and are responsible for their own safety.

In case of bad weather competitors may be required to wear (carry) cagoules. Competitors must wear suitable footwear and full leg cover.

Officials:

Organiser Lesley Brown, 01694 724330 (before 21:00),

<u>lesleymb.brown@btinternet.com</u>

Planner Peter Langmaid

Controller Marcus Eassom (WRE)

Website & Cancellation:

For the latest information check: <a href="http://www.harlequins.org.uk">http://www.harlequins.org.uk</a>