

**Club champs Open Handicap Men Dec 6th 2008**

**Long Course**

**5 km**

**Scratch**

**7:30**

Surname	FirstName	Age Class	Expected Mins per Km	Allowance per Km	Handicap Long Course	Actual Time	Handicap Time
Callow	Tony	M40	7:50	0:20	1:40	<b>38:44</b>	37:04
Richardson	Clive	M40	7:30	0:00	0:00	38:47	<b>38:47</b>
Morris	Brian	M65	9:00	1:30	7:30	47:07	39:37
Jones	Peter	M65	11:00	3:30	17:30	57:26	39:56
Lewis	Tom	M21	10:00	2:30	12:30	52:54	40:24
Godwin	Martin	M40	10:35	3:05	15:25	56:12	40:47

**Open to Everyone over 14 Except Snr Men**