

Club champs Senior Handicap Ladies Dec 6th 2009

Medium Course

4 km km

Scratch 9:25

Surname	FirstName	Age Class	Expected Mins per Km	Allowance per Km	Handicap Short Course	Handicap med course	Actual Time	Handicap Time
Jacks	Diane	W40	12:45	3:20		13:20	52:01	38:41

Age Class 40 to 54 Inc